

# SHC BACK 2 HOCKEY HANDBOOK

## 2024/25 SEASON



## WHAT IS BACK 2 HOCKEY & WHO IS IT FOR?

**Back 2 Hockey (B2H)** is open to anyone 19 or over and is aimed at people who have not played hockey for at least one full year, or are looking to play for the first time. We provide individual skills and game play training, and it is a perfect opportunity to meet new people and have fun.

## WHEN & WHERE ARE B2H SESSIONS AT SURBITON?

**\*\* SUMMER TERM 2025: Monday 21st April to Saturday 21st June \*\***

All sessions take place at Surbiton Hockey Club, Sugden Road, Thames Ditton, KT7 0AE

Mondays 8:30–9:30pm (training)

Saturdays 11:00am–12:15pm (bimonthly mixed game play – may also take place during half term)

*Some B2H activity does not run during school half term holidays. The B2H management team will communicate specific dates & details to you via Teamo/Whatsapp as required.*

## WHAT TO BRING WITH YOU

- **Hockey stick** – We can lend you one to begin with.
- **Footwear** – Astro shoes are ideal but trainers are fine initially.
- **Mouthguard** – Essential and available to buy at the bar in the Surbiton HC Clubhouse.
- **Shin Pads** – Essential

## WHAT IS THE COST & HOW DO YOU SIGN UP?

**B2H costs £80 per term.** Invoices are issued prior to each term (via Teamo) but we are confident that you will love it, so do come along and give it a go with 2 trial sessions before deciding to join! B2H members must purchase the Social Membership of Surbiton HC for £40 per annum.

**Ready to join the fun?** Sign up on Teamo [here](#)

## CONTACTS & SURBITON HC KIT



Contact Roger:

[backtohockey@surbitonhc.com](mailto:backtohockey@surbitonhc.com)

Email us your mobile number and we will keep you up to date via the B2H Whatsapp group!

### How to Buy SHC Kit

You'll need a light & dark top for games.

If you'd like to buy SHC kit or hockey footwear, please visit our official online kit supplier [here](#)



## GET INVOLVED!

**CLUB SOCIALS:** these are advertised through our social media channels, the weekly newsletter, events page on the club website and posters in the clubhouse. We have a big calendar of events planned for 2024/25 (our 150th year!) and hope to see lots of you socialising with your team and club mates throughout the season!

**WATCH PREMIER DIVISION HOCKEY:** we have some of the most exciting hockey talent in the country playing at Sugden Road every weekend. Join us for a Premier League game day - check out [this page](#) for the latest results, fixtures & double headers

**SPONSOR SHC:** there are lots of bespoke opportunities for sponsors - contact [sponsorship@surbitonhc.com](mailto:sponsorship@surbitonhc.com) for more info

**UMPIRE OR VOLUNTEER:** great ways to give back to the club! New faces are always welcome to join our amazing volunteer team, while we offer lots of training and development opportunities for new and returning umpires.

Volunteers: Contact [Sian Craze](#)

Umpiring: Contact [the team](#)

**HIRE OUT THE CLUBHOUSE** - our clubhouse is a popular and cost-effective venue for birthday parties & events! Contact Sam on [clubhouse@surbitonhc.com](mailto:clubhouse@surbitonhc.com) to find out more

**SHC SOCIAL MEDIA:** [@surbitonhc](#)

Make sure you follow us on Twitter, Instagram & Facebook to keep up with all the latest news & events from the club!

*By becoming a member of SHC you agree to our Code of Conduct. View all our club Policies & Guidelines on [this page](#)*