



SHC Covid Guidance (updated 30 November 2021)

The risk of transmission while playing hockey outdoors is very low however, in light of the changing global covid picture, there is new guidance to help mitigate covid infection.

- Please do not attend matches or training if you are experiencing symptoms or have tested positive for Covid-19.
- Latest Government guidance states:
 - Positive covid cases need to isolate for 10 days.
 - You will also need to isolate for 10 days if you are a close contact of a person diagnosed with the new Omicron variant regardless of age or vaccination status. NHS Test & Trace will inform contacts if this is applicable.
 - It is advisable to seek a PCR test if you have been in close contact with a known Covid case and isolate until the results are known (your own results and those of the contact).
 - Contacts of the Delta variant do not need to isolate if they are fully vaccinated adults or under the age of 18 yrs and 6 months.
- Please wear a mask when entering the clubhouse, bar or toilets - this will help to keep you and our staff safe.
- Continue with frequent hand washing or use the hand sanitiser - available in various places around the club.
- If socialising at the club, please consider doing this outside or in the marquee where there is more ventilation.
- Please respect each other's space.

For further information about Covid-19 please view this link <https://www.gov.uk/coronavirus>

Please report any covid cases to:

Liselle Carey | Covid Officer junioradmin@surbithc.com

30 November 2021