



SHC SUMMER NEWS #3

SHC SENIORS: WHAT'S ON THIS SUMMER?

We have plenty on offer for adult players of all levels throughout August. Check out the options below - we look forward to seeing you at the club!

Questions? Contact Sian: clubcap@surbitonhc.com

MIXED SUMMER SOCIAL

Casual mixed summer social hockey takes place on Friday evenings throughout August

Two time slots are available:
6.30 - 7.30pm & 7.30 - 8.30pm

Bring light and dark tops. £5 per person.
Limited spaces - please confirm your availability on Teamo

PLAY ZONES

Available at various times. You can book a quarter pitch (including a goal) for up to 10 people for just £15/h.

Availability and bookings available [here](#)

WALKING HOCKEY

10-11am on Friday mornings from 6th August onwards. Join the Walking Hockey crew for a relaxed hockey session at walking pace followed by tea/coffee and cake. No experience needed! Your first session is free, £5.50 thereafter.

Please pre-register [here](#)

PRE SEASON FOR ADULTS & UNDER 18 AGE GROUP

Dust off the cobwebs ready for the new season on Tuesday evenings throughout August

7.30 - 8.15pm: Fitness / S&C training with S&C coach Nathan Bell from Higher Level Performance

8.15 - 9pm: Hockey fitness with Tarek



SENIOR PLAY DAY

Saturday 4th September

Save the date!

Our annual Play Day event for adult players. Social gameplay and the best place to find the right team for the new season. Food, drinks & social. More details to follow!



SHC BAR HOURS IN AUGUST

Mondays - closed

Tuesdays - 5-11pm

Wednesdays - closed (other than Wednesday 4th August, see below*)

Thursdays - closed

Fridays - 3-11pm

Saturdays - 5-11pm (except 7th August)

Sundays - closed

*Please note that Wednesday 4th (next week) will be the final Wednesday night opening of the summer as the Masters summer league reaches its conclusion.

Don't forget, you can book the SHC Clubhouse for your event or party! Email Ann on clubhouse@surbitonhc.com to find out more about rates & availability

SENIOR MEMBERSHIP IS NOW OPEN

Don't forget, 2020/21 adult members who rejoin may be eligible for a free Mizuno playing shirt - please [click here](#) for more details about eligibility and register for SHC for the new season via your Teamo app.



GREAT BRITAIN HOCKEY TEAMS STILL IN THE HUNT AT TOKYO

The GB Men have now confirmed their quarter final place and will take on India for a place in the last four on Sunday - game time to be confirmed shortly.

The GB Women take on Ireland in their final pool game tomorrow (Saturday) at 12.45pm BST. A point will be enough to secure third place and a QF spot, but a loss could bring goal difference into play depending on India's result against South Africa. Good luck girls!

