

2024/25 Junior Weeknight Training Timetable		
Day	Age Group	Time
Monday	Mixed U8	18:00 - 19:00
	GU10 & GU10 GKs	18:00 - 19:30
	U12 Extra Technical sessions*	18:00 - 19:30
	U14 Top Hockey*	18:00 - 19:30
	* additional fee applies	
Tuesday	BU16	18:00 - 19:30
	GU16 Performance (Pioneers, Explorers, Voyagers, Calypsos)	18:00 - 19:30
	Junior Goal Keeper Academy (U12 - U18)	18:00 - 19:30
Wednesday	BU14	18:00 - 19:30
	GU16 (Rangers, Rovers, Comets, Mariners, Geminis)	18:00 - 19:30
	BU18	18:00 - 19:30
	GU18	19:30 - 21:00
Thursday	GU14	18:00 - 19:30
	BU10 & BU10 GKs	18:30 - 20:00
Friday	Mixed U8	17:30 - 18:30
	BU10 & BU10 GKs	18:00 - 19:30
	GU12 Yellow Pool	18:00 - 19:30
	BU12 Yellow Pool	18:00 - 19:30
	GU12 Red Pool & GU12 League	19:30 - 21:00
	BU12 Red Pool	19:30 - 21:00
2024/25 Junior Sunday Timetable		
Age Group	Time	Warm up / Team Talk arrival time
Mixed U8	08:30 - 09:30	08:15
BU10 Game Time	08:30 - 09:45	08:15
GU10 Game Time	09:45 - 11:00	09:15
GU12 Game Time (Yellow pool)	11:00 - 12:30	10:30
BU12 Game Time (Yellow pool)	11:00 - 12:30	10:30
GU12 Game Time (Red pool)	12:30 - 14:00	12:00
All others play home & away matches at various times.		