

| MONTH | DAY | DATE | WHAT'S ON | TIMES | COSTS | | |
|--|-----------|------|--|--|--|---|--|
| PRIVATE COACHING SESSIONS ARE OFFERED MOST DAYS AT SELECTED TIMES | | | | | | | |
| PLAY ZONES (MEMBERS ONLY) - AVAILABLE THROUGHOUT JULY / AUGUST ON SELECTED DAYS/TIMES | | | | | | | |
| JULY | MONDAY | 5 | Camp (yr1-9) morning only Summer hockey programme | 0900-1200 1730 - 1930 | Regular camps - £30 per session (3hrs) - discount packages available for multiple sessions. Performance Day Camps - £75 (10:00 - 16:00) Performance Two Day Camp - £130 (10:00 - 16:00) Goal Keeper Day Camps - £75 (10:00 - 16:00) Goal Keeper Two Day Camps - £130 (10:00 - 16:00) Pre-season Age Group Training - £ 30 / 3 hr | | |
| | TUESDAY | 6 | Camp (yr1-9) morning only Summer hockey programme | 0900-1200 1800 - 1930 | | | |
| | WEDNESDAY | 7 | Camp (yr1-9) morning only Summer hockey programme | 0900-1200 1800 - 2000 | | | |
| | THURSDAY | 8 | Camp (yr1-9) morning only Summer hockey programme | 0900-1200 1800 - 1930 | | | |
| | FRIDAY | 9 | no camp WALKING HOCKEY Summer Programme | 10:00 - 11:00 1730 - 2100 | | | |
| | SATURDAY | 10 | COMMUNITY SCHOOLS DAY | 0900 -1330 | | | |
| JULY | MONDAY | 12 | Camp (yr1-9) morning only Summer hockey programme | 0900-1200 1730 - 1930 | | | |
| | TUESDAY | 13 | Camp (yr1-9) morning only Summer hockey programme | 0900-1200 1800 - 1930 | | | |
| | WEDNESDAY | 14 | Camp (yr1-9) morning only Summer hockey programme | 0900-1200 1800 - 2000 | | | |
| | THURSDAY | 15 | Camp (yr1-9) morning only Summer hockey programme | 0900-1200 1800 - 1930 | | | |
| | FRIDAY | 16 | no camp WALKING HOCKEY Summer Programme | 10:00 - 11:00 1730 - 2100 | | | |
| | SATURDAY | 17 | YOUNG COACHES TRAINING DAY | ALL DAY | | | |
| JULY | MONDAY | 19 | Camp (yr1-9) | 0900-1200 1300 - 1600 | | | |
| | TUESDAY | 20 | Camp (yr1-9) | 0900-1200 1300 - 1600 | | | |
| | WEDNESDAY | 21 | Camp (yr1-9) | 0900-1200 1300 - 1600 | | | |
| | THURSDAY | 22 | Camp (yr1-9) | 0900-1200 1300 - 1600 | | | |
| | FRIDAY | 23 | no camp | | | | |
| JULY | MONDAY | 26 | Camp (yr1-9) | 0900-1200 1300 - 1600 | | | |
| | TUESDAY | 27 | Performance Day yr 8-11 + (GK Perf Camp) Colts Fitness Adult / U18 Fitness | 1000 - 1600 16:30 - 19:30 19:30 - 20:15 | £12 / session; £45 for 6 weeks Free | Colts Fitness 16:30 - U10/12 17:30 - U14 18:30 - U16 | |
| | WEDNESDAY | 28 | Camp (yr1-9) | 0900-1200 1300 - 1600 | | | |
| | THURSDAY | 29 | Camp (yr1-9) | 0900-1200 1300 - 1600 | | | |
| | FRIDAY | 30 | SHC Technique | 09:00 - 14:00 | £26 / session (6 players 1 hr session) | | |
| | SATURDAY | 31 | SHC ALUMNI DAY | ALL DAY | | | |
| August | MONDAY | 2 | Camp (yr1-9) | 0900-1200 1300 - 1600 | | | |
| | TUESDAY | 3 | Camp (yr1-9) Colts Fitness Adult / U18 Fitness | 0900-1200 1300 - 1600 16:30 - 19:30 19:30 - 20:15 | | | |
| | WEDNESDAY | 4 | Camp (yr1-9) | 0900-1200 1300 - 1600 | | | |
| | THURSDAY | 5 | Performance Day yr 8-13 + (GK Perf Camp) | 1000 - 1600 | | | |
| | FRIDAY | 6 | WALKING HOCKEY SHC Technique | 10:00 - 11:00 09:00 - 14:00 | | | |
| August | MONDAY | 9 | Camp (yr1-9) | 0900-1200 1300 - 1600 | | | |
| | TUESDAY | 10 | Camp (yr1-9) Colts Fitness Adult / U18 Fitness | 0900-1200 1300 - 1600 16:30 - 19:30 19:30 - 20:15 | | | |
| | WEDNESDAY | 11 | Camp (yr1-9) | 0900-1200 1300 - 1600 | | | |
| | THURSDAY | 12 | Performance Day yr 8-13 + (GKS Perf Camp) | 1000 - 1600 | | | |
| | FRIDAY | 13 | WALKING HOCKEY SHC Technique | 10:00 - 11:00 09:00 - 14:00 | | | |
| August | MONDAY | 16 | Camp (yr1-9) | 0900-1200 1300 - 1600 | | | |
| | TUESDAY | 17 | Camp (yr1-9) Colts Fitness Adult / U18 Fitness | 0900-1200 1300 - 1600 16:30 - 19:30 19:30 - 20:15 | | | |
| | WEDNESDAY | 18 | Camp (yr1-9) | 0900-1200 1300 - 1600 | | | |

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| | THURSDAY | 19 | ASPIRE 2 DAY Performance Day yr 10-13 + GKS tbc | 1000 - 1600 | two day camp |
| | FRIDAY | 20 | ASPIRE 2 DAY Performance Day yr 10-13 + GKS tbc | 1000 - 1600 | |
| August | MONDAY | 23 | Camp (yr1-9) | 0900-1200 1300 - 1600 | |
| | TUESDAY | 24 | Camp (yr1-9) | 0900-1200 1300 - 1600 | |
| | | | Colts Fitness | 16:30 - 19:30 | |
| | | | Adult / U18 Fitness | 19:30 - 20:15 | |
| | WEDNESDAY | 25 | Camp (yr1-9) | 0900-1200 1300 - 1600 | |
| | THURSDAY | 26 | Performance Day yr 8-13 + (GKS Perf Camp) | 1000 - 1600 | |
| | FRIDAY | 27 | Camp yr 1-9 morning only WALKING HOCKEY | 0900-1200 10:00 - 11:00 | Mizuno rebrand |
| August | MONDAY | 30 | Bank Holiday - no camp / privates on request | | |
| | TUESDAY | 31 | Pre- Season Age Group Training Pre- Season Age Group Training | 1300 - 1600 09:00 - 12:00 13:00 - 16:00 | GU12 BU12/BU14 |
| September | WEDNESDAY | 1 | Camp (yr1-9) Pre- Season Age Group Training Times Pre- Season Age Group Training Times | 09:00-1200 09:00 - 12:00 13:00 - 16:00 | BU16 / GU16 GU14 |
| | THURSDAY | 2 | Camp (yr1-9) | 0900-1200 1300 - 1600 | |
| | FRIDAY | 3 | Camp yr 1-9 morning only WALKING HOCKEY | 0900-1200 10:00 - 11:00 | |
| | SATURDAY | 4 | ADULT PLAY DAY | | |
| | SUNDAY | 5 | COLTS PLAY DAY | | |