



For players in year 4 and above (as of Sep 2024)  
 Fee: £45 per day or £210 for the week

Book at <https://surbitonhc-booking.as.me/>

Day	Time	Country / Match / Theme	Description
Mon, 29 July	1300 - 1600	Australia (pitch session)	Score like the Aussies! Known for their direct attacking mentality, the Australian teams are prolific goal scorers. We will explore all the different goal scoring techniques and situations to score goals - hitting, deflecting, flicking and more.....
	1600 - 1800	GB Women v Australia (TV match)	Watch the match on TV with the SHC coaches and see the techniques in action
Tues, 30 July	1000 - 1130	The Netherlands (pitch session)	Technically sound, the Dutch are fantastic at quick passing play using a great first touch. Focussing on quick decision making and reaction times, we will look at the skills needed to play in this way.
	1145 - 13:30	GB Men v Netherlands (TV match)	Watch the match on TV with the SHC coaches and see the techniques in action
	1345 - 1500	The Netherlands (pitch session)	Finish the day by implementing the skills learnt in the morning session and viewed during the match.



For players in year 4 and above (as of Sep 2024)

Fee: £45 per day or £210 for the week

Date	Time	Country / Match / Theme	Description
Wed, 31 July	1000 - 1130	Belgium (pitch session)	Belgium have become a powerhouse in international hockey by playing a solid, all-round game. They use excellent long range distribution skills such as slapping and aerals to launch attacks and excel at scoring penalty corners. This session is designed to develop and master these skills.
	1145 - 1330	GB Women v South Africa	Watch the match on TV with the SHC coaches and see the techniques in action
	1345 - 1500	Belgium (pitch session)	Recap and implement skills and techniques learnt in the morning session
Thurs, 1 Aug	1000 - 1130	Argentina (pitch session)	Argentina is always one of the more exciting teams to watch as they attack at speed and have superb individual skills. We will work on our 1v1 elimination and will also learn how to link with others while playing at speed.
	1145 - 1330	GB Men v France	Watch the match on TV with the SHC coaches and see the techniques in action
	1345 - 1500	Argentina (pitch session)	Recap and implement skills and techniques learnt in the morning session
Fri, 2 Aug	1000 - 1130	Germany (pitch session)	Germany consistently performs at big tournaments and it starts with how to defend as a team. We will work on individual defending skills and how to link with teammates to stop the opposition.
	1145 - 1330	Netherlands Women v USA Women	Watch the match on TV with the SHC coaches and see the techniques in action
	1345 - 1500	Germany (pitch session)	Recap and implement skills and techniques learnt in the morning session