

## Junior Membership Categories

>>> [View SHC membership fees here](#)

Annual fees are due by 1 September except for additional supplements which are due by 31 December.

### **Mixed U8**

- School years 1-3
- Children may choose a once weekly or twice weekly membership option
- If choosing twice weekly, choose a weeknight and Sunday
- Sunday sessions focus predominantly on skill and technical instruction
- Weeknight sessions focus more on game play

### **U10 Boys and Girls**

- School years 4 & 5
- Attend a weeknight and a Sunday session
- Weeknights focus on skill and technical instruction with Sundays being dedicated Game Time to which other clubs are invited.

### **U12 Boys and Girls**

- School years 6 & 7
- Attend a weeknight session and Sunday Game Time
- Players begin to be streamed according to ability and are divided into League, Red or Yellow pools.
- League players tend to be the strongest and usually play in U14 leagues
- Red pool includes the older and more advanced players, with yellow pool the younger and less advanced players.

### **U14 Boys and Girls**

- School years 8 & 9
- Attend a weeknight session and play matches every Sunday either home or away at various times according to fixtures schedules.

#### **➤ U14 “Top Hockey” Programme (additional fee applies)**

- A programme aiming to enrich player’s hockey development and provide a more holistic athlete experience.
- It is compulsory for the top two girls and boys teams in this age group however, there are limited places available to any other players who would like to take advantage of this opportunity.
- Players attend an extra session each week that alternates between an on-pitch session and an off-pitch session.

#### *Top Hockey Programme specifics*

- 12 on-pitch technical sessions covering the four essentials of being a top hockey player
  - First Touch
  - Hitting (forehand and back hand)
  - PCA Skills

- Goal Scoring
- Alternating off-pitch sessions covering
  - Tactical understanding
  - Video analysis
  - Coachability
  - Injury management
  - Nutrition
  - Performing under pressure
  - Time and load management
  - Leadership
  - Umpiring
  - Strength and Conditioning

### **U16 Boys and Girls**

- School years 10 & 11
- Attend a weeknight training session and home / away matches on Sundays

### **U16 Performance Programme (additional fee applies)**

- Applies to players in the standard U16 membership category who are also part of the high performance adult teams who train twice weekly.
- These players also attend weeknight adult team training sessions and play matches for those teams
- The additional fee includes fees for the Talent Academy programme.

### **U18 Boys and Girls**

Encompasses three membership categories

- **Standard U18 membership**
  - Players attend a weeknight U18 training session and are also able to attend additional adult training sessions with non-performance adult teams.
  - Eligible to play U18 and adult team matches on weekends
- **Affiliate U18 membership**
  - These players are eligible to play weekend U18 matches.
  - Applies to players who are unable to train during the week or may be enrolled in adult teams at other clubs but are still eligible to play U18 matches for Surbiton HC.
- **U18 Performance Programme (additional fee applies)**
  - Applies to players in the Standard U18 membership category who are part of the high performance adult teams who train twice weekly.
  - These players also attend weeknight adult team training sessions and play matches for those teams
  - The additional fee includes fees for the Talent Academy